

Guacamole

Yield: 2 cups

Ingredients:

2 ripe avocados
1 small tomato, diced
2 tablespoons red onion, minced
½ cup fresh cilantro, minced
1 Tablespoon lemon juice (to taste)
Pinch of salt

Small amount of red chili pepper, minced, if desired

Directions:

Place flesh from avocados in medium sized bowl along with diced tomato, minced onions and cilantro, lemon juice, salt and chili pepper (if desired). Hand mix together and serve. Store in sealed glass container in refrigerator for up to 2 days. Note: leftover guacamole will oxidize (change color) on top. Mix in before serving second time.